

# fajitas, parrilladas and molcajetes beverages

fajitas-sizzling skillet of sautéed vegetables and strips of meat  
 parillada-tabletop grill with various meats and spring onions. choose for 1 or 2 people  
 molcajete-combination of meats, cheese and vegetables served in a bowl made from volcanic rock  
 all fajitas, parrilladas and molcajetes are served with refried beans and rice

**parrillada de carnes**  
 tabletop grill with steak, chicken breast and spring onions and nopales (tender cactus). lunch one person 14.95. lunch two people 22.95. dinner one person 16.95. dinner two people 27.95

**parrillada don juan**  
 tabletop grill with steak, pork carnitas, chorizo (mexican sausage), chicken breast and shrimp. accented with spring onions and nopales. lunch one person 20.95. lunch two people 30.95. dinner one person 21.95. dinner two people 32.95

**create your own parrillada**  
 choose from the following: steak, carnitas, chicken breast, chorizo (mexican sausage) or shrimp. two meat choices, lunch one person 13.95. lunch two people 23.95, dinner one person 16.95, dinner two people 27.95. three meat choices, lunch one person 15.95. lunch two people 25.95, dinner one person 18.95, dinner two people 29.95

**chicken fajitas**  
 sautéed chicken, onions, green peppers and tomatoes. choose spicy or mild. lunch 11.95 • dinner 12.95

**steak fajitas**  
 tender strips of steak sautéed with onions, green peppers and tomatoes. choose spicy or mild. lunch 12.95 • dinner 13.95

**shrimp fajitas**  
 shrimp sautéed with onions, green peppers and tomatoes. choose spicy or mild. lunch 12.95 • dinner 14.95

**fajitas mixtas**  
 combination of chicken, steak and shrimp with sautéed onions, green peppers and tomatoes. choose spicy or mild. lunch 13.95 • dinner 16.95

**vegetarian fajitas**  
 a combination of sautéed zucchini, mushrooms, onions, green peppers and tomatoes. choose spicy or mild. lunch 10.50 • dinner 11.50

**molcajete mixto**  
 a combination of steak, chicken and shrimp sautéed with cheese, mushrooms, onions and spicy or mild sauce, served in a molcajete. lunch 17.95 • dinner 18.95

**molcajete de camarones**  
 large shrimp sautéed with cheese, mushrooms and onions and a spicy or mild sauce, served in a molcajete. lunch 18.95 • dinner 19.95

## soft drinks

coke, diet coke, sprite, cherry coke, lemonade, raspberry iced tea, fresh brewed iced tea. free refills. 1.79

**jarritos**  
 mexican sodas. 2.25

**hot tea**  
 choose from a variety of regular and herbal teas. 1.95

**coffee**  
 regular or decaf. 1.95

## aguas frescas

refreshing, authentic, homemade mexican beverages. by the glass 2.25. pitcher 7.00

limonada-fresh squeezed limeade  
 naranjada-fresh squeezed orangeade  
 aqua de jamaica-sweetened or unsweetened hibiscus flower drink  
 horchata-sweetened rice drink  
 agua de tamarindo-tamarind drink



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# traditional mexican fare

**chiles rellenos**  
 poblano chiles stuffed with cheese and vegetables, sautéed in an egg-batter and topped with ranchero sauce. served with rice and salad. lunch 8.95 • dinner 10.50

**barbacoa**  
 chopped roast beef in its juice sautéed with mexican spices, served with chopped onions and cilantro and a side of refried beans and mexican rice. lunch 8.95 • dinner 12.95

**doña lita's tamales**  
 a soft shell of corn flour stuffed with a variety of fillings and sauce, steamed in a corn husk. your choice of fillings: chicken, pork or vegetables with cheese. served with rice and salad. 3 per order. lunch 8.25 • dinner 10.95

**enchiladas mexicanas**  
 three rolled tortillas filled with your choice of chicken. steak or cheese, sautéed with onions and tomatoes, topped with salsa ranchera and melted cheese. served with rice and refried beans. lunch 8.75 • dinner 13.95

**enchiladas verdes**  
 three rolled tortillas filled with your choice of chicken. steak or cheese, sautéed with onions and tomatoes, topped with salsa verde and melted cheese. served with rice and refried beans. lunch 8.75 • dinner 13.95

**carnitas**  
 tender chunks of pork, fried and then simmered in mexican spices, served with guacamole and pico de gallo. lunch 8.95 • dinner 12.95



18 South Third Street, Harrisburg, PA 17101  
 Fax: 717.901.5052  
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 Tues.-Thurs. 11am-10pm • Fri. 11am-11pm • Sat. 12pm-11pm • Sun. 12pm-8pm • Closed Mon.



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## Appetizers

### chips and salsa

freshly fried tortillas served with our homemade salsa. lunch & dinner 3.50

### coctel de camaron

this mexican version of a shrimp cocktail consists of large shrimp in clamato juice with avocado, tomatoes, onions, cilantro and lime juice. lunch & dinner 9.50

### coctel de camaron y pulpo

shrimp and octopus. lunch & dinner 11.50

### ceviche

a bed of fresh fish, onions, tomatoes, cilantro and cucumbers, marinated in lime juice and served with crispy corn tostadas and sliced avocado. lunch 7.50 • dinner 8.50

### quesadillas (2)

mexican cheese melted between two corn tortillas, served with pico de gallo, guacamole and mexican sour cream. lunch & dinner 5.95. chicken quesadillas lunch & dinner 7.50

### mexican shrimp and scallops picante

sautéed shrimp and scallops in a roasted tomato and chile sauce. lunch 9.95 • dinner 11.25

### red, white and green

shrimp stacked with pico de gallo and avocado. lunch 7.25 • dinner 9.25

### champiñones la hacienda

sautéed mushrooms with roasted garlic, guajillo chiles and chopped onions. dinner 6.95

## Salads

### ensalada el sol

lettuce, pico de gallo, avocado and cucumber tossed in a lime vinaigrette. lunch & dinner 5.95

with chicken, lunch & dinner 7.95

with steak, lunch & dinner 8.95

with sautéed shrimp, lunch & dinner 9.25

### fajita salad

a bed of lettuce topped with sautéed green peppers, onions and tomato. lunch & dinner 5.50

with steak, lunch & dinner 8.50

with shrimp, lunch & dinner 8.75

with chicken, lunch & dinner 7.50

with combination of chicken, steak and shrimp, lunch & dinner 10.95

### dressings

house lime vinaigrette, chipotle ranch, caesar, bleu cheese, french, lite ranch

### sopes

thick, homemade tortilla shell topped with refried beans, tender steak, cilantro and onions, topped with a mild green sauce. lunch & dinner 3.25 each

### pepino con jicama

crispy cucumbers and jicama tossed with fresh squeezed lime, salt and crushed red pepper. lunch & dinner 5.95

### guacamole

fresh avocado, tomatoes, onions and cilantro with our special blend of spices, served with chips. lunch 5.95 • dinner 6.95

### chicken flautas (3)

shredded chicken with sautéed onions and tomatoes rolled in corn tortillas. served with lettuce, mexican sour cream and topped with crumbled cheese. lunch 5.95 • dinner 6.95

### tostadas

hard corn tortillas topped with your choice of refried beans or sour cream, your choice of chicken or pork and finished with shredded lettuce and a mild tomato sauce. lunch & dinner 3.25 each

### salsa sampler

pico de gallo, salsa, guacamole and refried beans served in a caddy and accompanied by warm tortilla chips. lunch 5.25 • dinner 7.95

### el sol appetizer sampler

guacamole, chicken flautas, sopes and a cheese quesadilla. lunch & dinner 10.95

### ensalada de pulpo

octopus salad. lunch & dinner 9.95

### taco salad

shredded lettuce, tomato, onions, guacamole, sour cream, shredded cheese and tortilla crisps. lunch & dinner 6.50

with chicken, lunch & dinner 8.50

with steak, lunch & dinner 9.50

with sautéed shrimp, lunch & dinner 10.25

### caesar de la casa

romaine lettuce tossed with pico de gallo, tortilla crisps, parmesan cheese and caesar dressing. lunch & dinner 5.95

with chicken, lunch & dinner 7.95

with steak, lunch & dinner 8.95

with sautéed shrimp, lunch & dinner 9.25

### tossed salad

lettuce, tomato, onions, carrots and cucumber. lunch & dinner 4.25

## Soft Tacos

Tacos come in platters of 3 and are served with refried beans and salad and are topped with onions, cilantro and a mild green sauce. A la carte tacos are available for 2.25 each. Choose from the following meats:

### tilapia (fish)

lunch 7.95 • dinner 9.25

### carne asada (steak)

lunch 7.50 • dinner 8.25

### chicken

lunch 7.50 • dinner 8.25

### carnitas (pork)

lunch 7.50 • dinner 8.25

### lengua (tongue)

dinner 9.25

only available on sundays

## Burritos

filled with refried beans, lettuce, cheese, pico de gallo, guacamole and sour cream on the side. 6.50 served only at lunch.

### your choice of:

steak  
chicken

carnitas  
extra beans  
(meatless)

if you are a vegetarian, please let your server know so that we may accommodate you

## Tortas

### mexican-style sandwiches

all tortas served on a crusty, grilled roll, with sour cream, lettuce, tomato, onion and pickled jalapeños. served with a side of pico de gallo and guacamole. served only at lunch.

ham and cheese 6.25

carnitas 6.50

carne asada 6.50

chicken adobado 6.50

cubana

steak, ham & cheese. 6.75

## Seafood Entrees

### salmon in cilantro sauce

broiled salmon filet topped with green cilantro sauce, served over a bed of mexican rice. dinner 18.95

### pescado sarandiado

fresh fish filet coated with spices with a guajillo tomato sauce, broiled and served with rice and cabbage salad. dinner 18.95

### tilapia jalisco

tilapia filet coated with seasoned flour and topped with sautéed tomatoes, onions, mushrooms & cheese in a tangy lime sauce and served over mexican rice with guacamole. lunch 12.95 • dinner 17.95

### camarones a la diablo

large shrimp sautéed in spicy sauce made from three kinds of chiles and spices. served over a bed of mexican rice and with a salad. dinner 16.95

### camarones al sol

shrimp baked with onions, green peppers, tomatoes, mushrooms, mild sauce and cheese with a touch of white wine. dinner 18.95

### camarones al mojo de ajo

shrimp sautéed in olive oil, with garlic, mushrooms and dried chiles de arbol and served on a bed of rice. dinner 16.95

### pescado enapelado

fresh fish filet and vegetables wrapped in a banana leaf and baked in the oven. dinner 18.95

### camarones al tequila

shrimp sautéed with onions, mushrooms and chiles verdes and tequila, then set afire for a special flavor. served with rice and salad. dinner 17.95

## Steak and Chicken

### charbroiled chicken

a chicken quarter, seasoned and then broiled. served with pico de gallo, rice and beans. lunch 9.95 • dinner 14.95

### mole poblano

chicken breast simmered in a traditional mild mole poblano sauce. served with mexican rice and salad. lunch 8.75 • dinner 13.95

### pollo rosado

marinated chicken breast strips simmered in a creamy sauce with mushrooms, onions and green peppers. dinner 14.95

### carne asada

beef tenderloin, seasoned and broiled. served with pico de gallo, guacamole, mexican rice and refried beans. lunch 10.25 • dinner 17.95

### arrachera

tender steak seasoned and marinated with a special blend of spices and topped with a mild sauce. served with rice, beans and salad. dinner 17.95

### bistek guadalajara

tenderloin steak grilled and topped with sautéed green peppers, mushrooms, onions, topped with cheese & a mild roasted tomato sauce with refried beans and mexican rice and salad.

lunch 10.25

dinner 18.95



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purchase of \$50.00 or more

with this certificate. must mention certificate when ordering.

**\$5.00 off**  
purchase of \$30.00 or more

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